



# Friday Session Schedule 2/3/2023

## Red Gym

## Blue Gym

**Session 1** Floors Open at 8:00 AM, March In at 8:20 AM.

<b>Level 8</b> Newtown, Suffield, World Cup, Darien Y, Aerials, JAG, Dunne's, VeGa	<b>Level 6</b> JAG, Chelsea Piers, GTC, American, Flip Flop, Gym Rev, Next Dimension
--	--

**Session 2** Floors Open at 11:30 AM, March In at 11:50 AM.

<b>Level 8</b> American, GTC, Gym Rev, MGC, Waterford, Aim High, Chelsea Piers, M&G, Next Dimension, WWFY, Flip Flop, HOH, Nashoba	<b>Level 7</b> Next Dimension, Gym Rev, World Cup, Aerials, Aim High, Dunne's, VeGa
---	---

**Session 3** Floors Open at 3:00 PM, March In at 3:20 PM.

<b>Level 9*</b> GTC, HOH, MGC, Nashoba, Newtown, Suffield, Waterford, Chelsea Piers, Dunne's, Aerials, Flip Flop, JAG	<b>Level 4</b> GTC, M&G, Gym Rev, Nashoba, Next Dimension, Darien Y, Newtown, Aerials, American, World Cup
--	---

**Session 4** Floors Open at 6:30 PM, March In at 6:50 PM.

<b>Level 9/10*</b>  <table style="width: 100%; border: none;"> <tr> <td style="text-align: center; vertical-align: top;"> <b>Level 9</b>             Gym Rev, Next            Dimen, Aim High,            Darien,         </td> <td style="text-align: center; vertical-align: top;"> <b>Level 10</b>            Next Dimen, Aim            High, JAG, Gym Rev,            Dunne's, VeGa,            Chelsea Piers, HOH,            Nashoba, GTC         </td> </tr> </table>	<b>Level 9</b>  Gym Rev, Next Dimen, Aim High, Darien,	<b>Level 10</b> Next Dimen, Aim High, JAG, Gym Rev, Dunne's, VeGa, Chelsea Piers, HOH, Nashoba, GTC	<b>Level 7</b> Darien Y, GTC, HOH, WWFY, Aviator, Chelsea Piers, JAG, American, Flip Flop, Newtown, Suffield, CATS, MGC, Nashoba
<b>Level 9</b>  Gym Rev, Next Dimen, Aim High, Darien,	<b>Level 10</b> Next Dimen, Aim High, JAG, Gym Rev, Dunne's, VeGa, Chelsea Piers, HOH, Nashoba, GTC		

\*Remember: Level 9's and 10's who place in the top 5 on an event are invited back for EVENT FINALS on Saturday night at 7:00!



# Saturday Session Schedule 2/4/2023

## Red Gym

## Blue Gym

**Session 5 Floors Open at 8:00 AM, March In at 8:20 AM.**

<b>Level 5</b> Aerials, Dunne's, World Cup, Chelsea Piers, Darien Y, Waterford, Flip Flop, GTC, HOH, Gym Rev, Newtown, Next Dimension, WWFY	<b>Level 3</b> Aim High, Aviator, GTC, WOrld Cup, JAG, Suffield
--	--

**Session 6 Floors Open at 11:30 AM, March In at 11:50 AM.**

<b>Level 4</b> HOH, JAG, Dunne's WWFY, Aim High, Aviator, Chelsea Piers, Flip Flop, Suffield	<b>Level 3</b> Darien Y, Next Dimension, American, WWFY, Waterford, Aerials, Dunne's, Flip Flop, CATS, Chelsea Piers, Gym Rev
---	--

**Session 7 Floors Open at 3:00 PM, March In at 3:20 PM.**

<b>Level 6</b> M&G, WWFY, HOH, World Cup, Darien Y, Suffield, Aim High, Aviator, CATS	<b>Level 2 and Xcel Bronze</b>  <table style="width: 100%; border: none;"> <tr> <td style="text-align: center;"><b>Level 2</b> Aim High, American, Dunne's, Flip Flop, Gym Rev, HOH</td> <td style="text-align: center;"><b>Xcel Bronze</b> Gym Spectrum, JAG, Aviator</td> </tr> </table>	<b>Level 2</b> Aim High, American, Dunne's, Flip Flop, Gym Rev, HOH	<b>Xcel Bronze</b> Gym Spectrum, JAG, Aviator
<b>Level 2</b> Aim High, American, Dunne's, Flip Flop, Gym Rev, HOH	<b>Xcel Bronze</b> Gym Spectrum, JAG, Aviator		

**Session 8 Floor Opens at 6:30 PM, March In at 6:50 PM.**

<b>Level 9/10 EVENT FINALS</b>  Note: 7:00 PM Open Stretch information TBA to coaches  <b>top scoring level 9s and 10s on each event from Friday's competition are invited!</b>	<b>Level Xcel Silver</b> Gym Rev, Newtown, Aviator, Waterford, Aim High, Aerials, American
---	---



**Sunday  
Session Schedule  
2/5/2023**

**Red Gym**

**Blue Gym**

**Session 9** Floors Open at 8:00 AM, March In at 8:20 AM.

<p><b>Xcel Gold</b> Aerials, Gym Rev, Aviator, CATS, Newtown, Waterford, Aim High, American</p>	<p><b>Xcel Silver</b> Dunne's, JAG, REVEL, Chelsea Piers, Gym Spectrum, Flip Flop</p>
---	---

**Session 10** Floors Open at 11:30 AM, March In at 11:50 AM.

<p><b>Xcel Platinum and Xcel Diamond</b></p> <table data-bbox="227 987 795 1228"> <tr> <td data-bbox="227 987 487 1092"> <p><b>Xcel Platinum</b> Suffield, American, Gym Rev</p> </td> <td data-bbox="487 987 795 1228"> <p><b>Xcel Diamond</b> World Cup, Waterford, Suffield, Dunne's, Aim High, Gym Rev, American, M&amp;G, Gym Spectrum, Chelsea Piers, Newtown</p> </td> </tr> </table>	<p><b>Xcel Platinum</b> Suffield, American, Gym Rev</p>	<p><b>Xcel Diamond</b> World Cup, Waterford, Suffield, Dunne's, Aim High, Gym Rev, American, M&amp;G, Gym Spectrum, Chelsea Piers, Newtown</p>	<p><b>Xcel Gold</b> Gym Spectrum, Dunne's, REVEL, Chelsea Piers, JAG, Flip Flop</p>
<p><b>Xcel Platinum</b> Suffield, American, Gym Rev</p>	<p><b>Xcel Diamond</b> World Cup, Waterford, Suffield, Dunne's, Aim High, Gym Rev, American, M&amp;G, Gym Spectrum, Chelsea Piers, Newtown</p>		

**Session 11** Floors Open at 3:00 PM, March In at 3:20 PM.

<p><b>Xcel Platinum</b> Aerials, Gym Spectrum, Aviator, Newtown, Waterford, Aim High, Dunne's, REVEL, Chelsea Piers, Flip Flop, M&amp;G</p>	<p><b>Xcel Bronze</b> Gym Rev, Dunne's, Aerials, American, REVEL</p>
---	--