

COVID Safety – Quarantine, Isolation, Testing, Return

This document, as of 11/18/2020 is designed to answer two questions:

Am I allowed to attend gymnastics/ninja classes and workouts at Gymnastics Revolution, following a COVID-related experience?

If I am unable to attend, when can I return after a COVID-related experience?

If you are required by school or any other public organization to quarantine, then you must quarantine here for that time frame from Gymnastics Revolution.

If you have a family member who is required to quarantine, then you must provide a negative PCR test before returning to gymnastics or ninja, and that family member must remain in isolation in the home, as per CDC instructions. (no contact!)

If you have a family member who has tested positive, then you must provide a negative PCR test before returning to gymnastics, and that family member must remain in isolation in the home, as per CDC instructions. (no contact.)

If you have tested positive for COVID, then you must follow all CDC guidelines, provide a negative PCR test, and have been asymptomatic for 10 days before returning.

Please call the gym at 203.778.3547 with any questions or concerns. We all have a responsibility to keep our community as safe and healthy as possible.